Fox's Complete Cockroach Prevention Checklist

Preventing Cockroaches from Returning

You can make your home and yard less attractive to cockroaches with these tips:

FOOD

- [ ] Take the trash out regularly
- [ ] Wipe up any spills inside or outside of the trash can
- [ ] Keep food in the kitchen when possible
- [ ] Keep food in sealed containers
- [ ] Keep pet food in sealed containers (inside and outside)
- [ ] Clean the grime out of your sink and garbage disposal regularly
- [ ] Clean counters and under cabinets
- [ ] Keep garbage in covered containers
- [ ] Reduce clutter in basement and attic
- [ ] Keep books and boxes on shelves
- [ ] Sweep and vacuum regularly
- [ ] Clean areas with the following food sources regularly:
  - [ ] Garbage
  - [ ] Crumbs
  - [ ] Cardboard
  - [ ] Wallpaper
  - [ ] Book Bindings
  - [ ] Grease
  - [ ] Leather
  - [ ] Soap
  - [ ] Toothpaste
  - [ ] Human Hair

For the best results, partner your efforts with professional cockroach treatment.

Once cockroaches are inside, it can be hard to get rid of them. We know it's frustrating, and we are here to help!

WATER

- [ ] Check HVAC systems for condensation
- [ ] Check pipes for leaks
- [ ] Check that drains are working correctly and not leaving standing water
- [ ] Clean around drains regularly
- [ ] Use a drain cleaner semi-regularly
- [ ] Check behind kitchen and laundry room appliances for leaks
- [ ] Check under sinks for standing water and spills
- [ ] Remove standing water from your yard
- [ ] Clean gutters to remove standing water

SHELTER

- [ ] The following items are most effective when completed before the weather turns cold and cockroaches seek warm places inside your home.
- [ ] Repair damaged weatherstripping on windows and doors
- [ ] Seal cracks in the foundation and walls
- [ ] Fix gaps around and at the bottom of garage doors
- [ ] Store items in plastic bins in place of cardboard boxes
- [ ] Clean gutters to remove clutter
- [ ] Stack firewood neatly and store away from the home

FOX PEST CONTROL

Discover how our
Fox Home Protection Plan
handles pest issues for you!